

University of Montana

ScholarWorks at University of Montana

University of Montana News Releases, 1928,
1956-present

University Relations

8-10-1979

Cutline for "Keep Your Eyes Open"

University of Montana–Missoula. Office of University Relations

Follow this and additional works at: <https://scholarworks.umt.edu/newsreleases>

Let us know how access to this document benefits you.

Recommended Citation

University of Montana–Missoula. Office of University Relations, "Cutline for "Keep Your Eyes Open"" (1979). *University of Montana News Releases, 1928, 1956-present*. 30450.
<https://scholarworks.umt.edu/newsreleases/30450>

This News Article is brought to you for free and open access by the University Relations at ScholarWorks at University of Montana. It has been accepted for inclusion in University of Montana News Releases, 1928, 1956-present by an authorized administrator of ScholarWorks at University of Montana. For more information, please contact scholarworks@mso.umt.edu.

dwyer/stc
8/10/79

CUTLINE FOR "KEEP YOUR EYES OPEN"

Bob Rychtarik, on couch, receives training in the paradoxical-instruction method of treating sleep-onset insomnia from Dr. Philip Bornstein, associate professor of psychology at the University of Montana. Rychtarik, from Pierre, S.D., received a Ph. D. in psychology from the UM in June. He is now a clinical psychologist at the University of Mississippi Medical Center.

###